



2020 OCEAN CITY FIRST DAY RUN/WALK

OCEAN CITY, NEW JERSEY
BOARDWALK 5K RUN AND WALK
Wednesday, JANUARY 1, 2020

Registration: Music Pier on the Ocean City Boardwalk between 8th & 9th Street.

- Computer Chip Timing by JB Sports Timing - On-line Registration.

- Shirts for all pre-registered & as Supplies Last on Race Day.

- Refreshments are available after the race. - Walk is non competitive.

RACE START TIME: 1:00 PM (Day of Race registration 11:00-12:30)

AWARD CATEGORIES

Male and Female 1st, 2nd, 3rd Overall

1st, 2nd, and 3rd in the following age groups:

14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-Over

ENTRY FEE: \$25.00 until 12/25/19 - **\$30.00** received by December 30, 2019

**** Online registration until 5:00PM December 31, 2019****

<https://runsignup.com/oceancityfirstday5krun>

www.jbsportstiming.com

\$30.00 RACE DAY REGISTRATION: 5K AND WALK

(\$25.00 No Shirt: Walk or Run)

RACE DIRECTOR: MIKE GIVENS 609-861-0674 or runawayac@comcast.net

NO "SNOW" DATE or REFUND ~ Donations made to First Night Charities.

Make checks payable to: First Night, City of Ocean City

MAIL COMPLETED FORMS TO:

RUNAWAY A.C. c/o MIKE GIVENS

106 GRAVEL HOLE ROAD, CMCH, NJ 08210

Name _____ RUN or WALK Age _____ (On Race Day)

Address _____ Gender: M or F

City _____ State _____ Zip _____ Shirt Size YL S M L XL XXL

Phone # _____ e-mail _____

(Email addresses shared with City of Ocean City Tourism)

RELEASE: In consideration of accepting this entry form and registration fee and allowing me to participate in the 2020 1st Day 5K, I, the registrant whose name appears above and whose signature appears below, intending to be legally bound for myself, my heirs, my executors, successors, and assigns, do hereby waive and release any and all rights and claims for damages or liability, of any kind or nature, whether for personal injury, property damage, or both, that I have or may have against any and/or all of the following, including their members and representatives, contractors and sub-contractors, employees, successors, and assigns: Runaway A.C., Michael and Pamela Givens, JB Sports Timing, City of Ocean City, Ocean City 1st Night/Day Activities, Ocean City Fire & Rescue Departments, Ocean City Police Department, and the County of Cape May, along with all event sponsors, all event beneficiaries, and all who donate prizes, supply any service or thing of value for the benefit of the 2020 Event sponsored by Ocean City 1st Night/Day, hosted by the Runaway A.C. I understand and accept that the weather may be cold, and that conditions on the course for the Run or Walk may include ice, snow, sleet, slush, rain, uneven ground, and similar hazards. I agree to assume the risk of all physical conditions of the course for the Run or Walk. I verify that I am physically capable of participating in this Event, that I have sufficiently trained for the completion of this Event and that a licensed medical doctor has checked my physical condition and approved my participation in this Event. In case of emergency, I grant permission to the event organizers and/or their agents, including Ocean City Fire & Rescue Departments, to treatment me in the case of accident or injury, or to transport me to a facility for treatment. I acknowledge that I am financially responsible for any and all medical bills incurred by me and/or my child for injuries while participating in this Event. I grant permission to the Event Organizers to use my name, likeness, voice, photograph, video tape, or quotation from me in accounts and promotions of this Event in any medium. This permission is perpetual and worldwide.

Signature (Or Legal Guardian if Under 18 Years of Age) _____